



# AUTUMN 2017

12 week term from Saturday 2nd September - Saturday 9th December  
(Breaks: 16th - 22nd October and 17th - 26th November)

Monday	5:15 - 6:45pm	Spiralling Dragon Taiji	Ewan	£155/135
Monday	7:00 - 9:00pm	The Master Game - Advanced	Tez	£170/150
Wednesday	7:30 - 8:30am	Daoyin & Qigong Meditation	Ewan	£10 drop in
Thursday	10:00am - 12pm	Daoyin & Qigong Meditation	Ewan	£170/150
Thursday	5:15 - 6:45pm	Spiralling Dragon Taiji	Ewan	£155/135
Thursday	7:00 - 9:00pm	Daoyin & Qigong Meditation	Tez	£170/150
Saturday	8:00 - 10:00am	Daoyin & Qigong Meditation	Tez	£170/150

## **Early Morning Class**

Wednesdays 7:30 - 8:30am

£10 drop in, all welcome.

## **The Master Game Retreat**

Cardy Net House, Lower Largo

17th - 25th November £800

# FALL IN LOVE WITH ALIVENESS



# EMBODY CONSCIOUSNESS